

LifeCenter21 Correlation to:

Arizona – *Life Connections: Level II Competencies*

Instructional Content Areas (Modules)

Introduction Unit

Child Care

Consumer and Education Practices

Fashion and Design

Food Production and Services

Hospitality, Tourism and Recreation

Housing, Interiors and Furnishings

Human Growth and Development

Interpersonal Relationships

Nutrition and Wellness

Personal Appearance and Environment

Resource Management

Textiles and Apparel

Family Roles and Relationships

Goal Setting and Career Planning

Personal Development and Self-Esteem

Personal and Social Responsibility



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Overview

This document demonstrates the correlation between the LifeCenter21 curriculum supplied by Applied Educational Systems and the *Life Connections: Level II Competencies* published by the Arizona Department of Education. The LifeCenter21 (LC21) modules are listed across the top row. The checkmarks in the second column indicate that the standard is covered as part of the LC21 course. The X's marked in the remaining columns show where the standard is covered in the LC21 curriculum.

Source for standards listed on the following pages:

http://www.aztechprep.org/Vocational_Programs/Level_II/Life_Connections/life_connections.html

LifeCenter21 Correlation to Arizona – Life Connections: Level II Competencies Standards

Life Connections Level II Competencies	LifeCenter21 Course	Introduction Unit	Child Care	Consumer Education & Practices	Fashion & Design	Food Production & Services	Hospitality, Tourism & Recreation	Housing, Interiors & Furnishings	Human Growth & Development	Interpersonal Relationships	Nutrition & Wellness	Personal Appearance & Environment	Resource Management	Textiles and Apparel	Family Roles & Relationships	Goal Setting Career Planning	Personal Development & Self-Esteem	Personal & Social Responsibility
	1.0 Analyze Self Acceptance and Respect for Others																	
1.1 Explore self concept	✓																X	
1.2 Recognize methods to build self esteem	✓																X	
1.3 Develop caring behaviors	✓																X	
1.4 Evaluate personal trustworthiness	✓																	X
1.5 Explore fairness in relationships	✓																X	
1.6 Define the attributes of honesty	✓																	X
2.0 Analyze Factors that Influence Human Behavior																		
2.1 Describe how personal values influence choices and goals	✓									X						X	X	
2.2 Examine the interaction of heredity and environment in development	✓								X									
2.3 Explain how culture influences behavior	✓									X								
2.4 Develop social awareness related to diversity	✓									X								
2.5 Explore the effects of challenges on behavior	✓									X							X	
2.6 Examine causes and coping strategies for dysfunctional behavior	✓									X					X			
2.7 Practice techniques for modifying behavior	✓									X	X						X	

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<p>3.0 Develop Interpersonal Relationship Skills</p>																			
<p>3.1 Identify types of relationships</p>	✓									X									
<p>3.2 Evaluate components of healthy relationships</p>	✓									X									
<p>3.3 Examine strategies for initiating, maintaining, and ending relationships</p>	✓									X									
<p>3.4 Recognize stages of the dating process</p>	✓									X									
<p>3.5 Recognize the positive and negative effects of peer pressure</p>	✓									X									
<p>3.6 Explore relationships in a family</p>	✓														X				
<p>3.7 Examine relationships in the structure of a community</p>	✓																		X
<p>4.0 Demonstrate Effective Communication Skills</p>																			
<p>4.1 Interpret verbal and nonverbal communication</p>	✓									X									
<p>4.2 Identify barriers to effective communication</p>	✓									X					X				
<p>4.3 Practice skills used to communicate with clients</p>	✓						X												
<p>4.4 Identify guidelines for effective written communication (letters, reports, email)</p>	✓			X			X									X	X		
<p>4.5 Apply effective communication skills to family, work, and community situations</p>	✓						X			X					X				X

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5.0 Analyze Growth and Development of Humans																		
5.1 Identify principles of growth and development	✓								X									
5.2 Explain physical, intellectual, emotional, and social growth	✓								X									
5.3 Outline ways in which human needs are satisfied (Maslow's hierarchy)	✓								X									
5.4 Describe adolescent development, including needs and interests	✓								X									
5.5 Identify factors that influence personality formation	✓								X									
5.6 Explain the human life cycle	✓								X									
5.7 Assess the effects of environment and community on human growth and development	✓								X									
6.0 Examine Responsibility for Personal Wellness																		
6.1 Analyze sources of stress and stress management techniques	✓										X							
6.2 Describe the relationship of rest to wellness	✓										X							
6.3 Develop skills for dealing with crisis	✓										X				X			
6.4 Analyze strategies for coping with grief and loss																		
6.5 Evaluate risk-taking behaviors	✓									X	X							
6.6 Describe symptoms of chemical abuse	✓										X							
6.7 Recognize factors leading to suicide																		
6.8 Evaluate factors contributing to a safe and healthy environment	✓		X			X			X		X							
6.9 Apply nutrition principles to wellness	✓										X							

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6.10 Describe weight management techniques	✓										X							
6.11 Explain factors that contribute to eating disorders	✓										X							
6.12 Develop a plan for personal fitness	✓										X							
7.0 Integrate Strategies for Life and Career Success																		
7.1 Identify decision making and goal setting processes	✓															X		
7.2 Demonstrate problem solving skills	✓		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
7.3 Practice appropriate etiquette and social skills	✓									X		X					X	
7.4 Practice personal grooming and hygiene	✓											X						
7.5 Evaluate professional dress	✓											X						
7.6 Analyze conflict resolution	✓									X								
7.7 Increase study skills	✓															X		
8.0 Practice Skills for Teamwork and Leadership																		
8.1 Distinguish between various leadership styles	✓																	X
8.2 Identify personal leadership style	✓																	X
8.3 Define roles and responsibilities of group leaders and group members	✓																	X
8.4 Identify qualities of an effective team member	✓																	X
8.5 Demonstrate teamwork	✓	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
8.6 Practice effective meeting management	✓																	X

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8.7 Participate in a career development event	✓															X			
8.8 Examine the differences between consensus building and majority decision making																			
8.9 Explore team problem solving techniques applicable to the family, workplace and community	✓														X			X	
9.0 Evaluate Balancing Family, Work, and Community																			
9.1 Examine personal, peer group, family, and community values	✓														X		X		
9.2 Explore civic responsibilities, such as volunteerism and exercising personal rights	✓																	X	
9.3 Recognize the role of play/leisure at various life stages	✓								X										
9.4 Identify the challenge of managing multiple roles	✓														X				
9.5 Study child care issues	✓		X																
9.6 Examine influence of work schedules on family life	✓														X				
10.0 Analyze Family Units Based on Social, Cultural, Economic and Psychological Factors																			
10.1 Examine recent changes in family structures	✓														X				
10.2 Identify characteristics of functional families	✓														X				
10.3 Examine stages in the family life cycle	✓														X				
10.4 Recognize cultural differences in families	✓														X				
10.5 Analyze decisions associated with family planning and parenting	✓														X				

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10.6 Examine the role of the family as a source of protection, guidance, affection, and support	✓														X				
10.7 Explore the influences of culture and family structures on the education, healthcare, law, safety, and security systems of a community																			
11.0 Develop Resource Management Skills																			
11.1 Identify resources available to individuals	✓												X						
11.2 Apply the decision making process to resource management	✓												X						
11.3 Examine changing financial needs of individuals and families	✓												X						
11.4 Examine consumer issues	✓			X									X						
11.5 Prepare and evaluate a financial plan	✓												X						
11.6 Understand emotional reactions to the use of money	✓												X						
11.7 Learn strategies for time management repair.	✓												X						
11.8 Analyze the influence of resource availability on human behavior, human learning, and human health	✓												X						
12.0 Explore Careers																			
12.1 Analyze career areas	✓		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
12.2 Examine trends in occupations through labor market research	✓		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
12.3 Recognize factors that influence career choices	✓															X			
12.4 Examine personal aptitudes and interests	✓															X			
12.5 Apply interests, skills, and attitudes to career exploration	✓															X			

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12.6 Employ decision making skills to career choices	✓															X		
12.7 Examine the role of education in career preparation	✓		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
13.0 Develop Employability Skills																		
13.1 Develop a plan to achieve employment goals	✓															X		
13.2 Evaluate factors that contribute to successful performance at work	✓															X		X
13.3 Discuss how social skills are helpful in obtaining and maintaining a job																		
13.4 Practice the use of technology as related to occupations	✓		X	X	X	X	X	X			X			X				
13.5 Practice continuous improvement procedures for the workplace																		
13.6 Discuss work ethics																		
13.7 Examine legal issues in the workplace																		
13.8 Develop strategies to address harassment issues																		
13.9 Discuss elements of professionalism	✓															X		
13.10 Examine skills needed for changing workforce demands	✓		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

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<p>14.0 Demonstrate Job Search Skills</p>																		
<p>14.1 Explain the steps in a job search</p>	✓															X		
<p>14.2 Research employment opportunities</p>	✓															X		
<p>14.3 Complete a job application</p>	✓															X		
<p>14.4 Demonstrate the use of technology in a job search</p>	✓															X		